

## Trail Mix



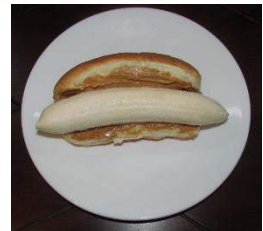
**Materials:** Cheerios, pretzel sticks, fish crackers, raisins

**Directions:** Dump all ingredients into a large paper bag. Shake gently. Yippee ti yi yo! Eat and enjoy.

**Hint!** You can also add chocolate chips, M&Ms, and other ingredients to your trail mix.

Serve trail mix in a flat bottom ice cream cone. You can just eat the cone when you're through with the mix.

## Monkey Tail Sandwich



**Materials:** hot dog bun, small banana, peanut butter

**Directions:** Spread peanut butter in the hot dog bun. Peel the banana and put it in the bun. Eat your sandwich, and don't monkey around!

**Hint!** Put tuna fish in a hot dog bun. Put a slice of cheese on top and broil it. You'll have a "fish tail" sandwich.

# Letter Bread



**Materials:** bread, milk, food coloring, Q-tips, paper cups, toaster

**Directions:** Take 4 cups, and put a little milk in each cup.  
Add 2 drops of food coloring to each cup.  
Draw a letter or design with the colored milk on the bread with a Q-tip.  
Toast and enjoy!

**Hint!** Serve with butter, honey, jelly, or cinnamon sugar.



# Spider Sandwich



**Materials:** 2 slices of bread, peanut butter, honey, raisins  
8 pretzel sticks

**Directions:** Cut 2 circles out of the bread with a cookie cutter or plastic cup. Spread peanut butter and honey on one circle. Put the other circle on top to make the spider's body. Make a face with raisins. Add 8 pretzel sticks for legs. Eat it, and let it wiggle and jiggle and tickle inside you!

**Hint!** You can substitute cream cheese or another filling for peanut butter.





## Zoo Train



Materials: 1 graham cracker, 2 animal cookies, icing

Directions: Put 2 pats of icing on the graham cracker. Stand the animal cookies up on the icing. Eat those wild animals before they get you!

Hint! You can also stand up animal cookies with peanut butter or cream cheese.

## Ants Go Marching on the Log

Materials: celery, peanut butter, raisins



Directions: Take a stalk of celery (the log). Spread peanut butter (mud) in the celery. Place raisins (ants) on top of the peanut butter. March the ants into your mouth!

*MMMM!*

Hint! Use cream cheese instead of peanut butter and call it "birds in the snow." Sprinkle sunflower seeds on the snow for the birds to eat!



## Carrot Hot Rods



Materials: carrot, celery, toothpicks

Directions: Cut the carrot into diagonal slices 1/2" thick. Cut the celery into 3" pieces. Stick a toothpick through each end of the celery. Take 4 carrot slices and stick them on the ends of the toothpicks to make wheels.  
*Zooooommmmm!*



## Two Babies in a Bed



Materials: hot dog, slice of cheese, bread

Directions: Cook the hot dog in the microwave. Slice it in half lengthwise, and place it on the bread (bed). Cover the bottom of the hotdogs with a slice of cheese so it looks like "two babies in a bed."  
Broil until the cheese melts.



## Fire Cracker Sandwich



**Materials:** slice of bread, peanut butter, jelly, tuna fish, or pimento cheese, plastic wrap, curling ribbon

**Directions:** Cut the crust off your bread. Flatten the bread with the palm of your hand. Spread peanut butter, tuna, or pimento cheese on the bread. Roll it up. Wrap it in plastic wrap. Twist the ends, then tie with ribbons to resemble a firecracker.

**Hint!** You can use a tortilla instead of bread to make this sandwich.

## Peanut Butter Play Dough (Edible)



**Materials:** smooth peanut butter, instant nonfat dry milk, honey

**Directions:** Put 1 cup peanut butter, 1 cup dry milk, and  $\frac{1}{4}$  cup honey in a bowl. Mix well. Give each child a small ball to roll on wax paper. Form into snakes, bunnies, or bears.

**Hint!** Decorate with raisins. Make balls and roll in oatmeal.

\*Here's a recipe for yummy chocolate play dough. Mix 1 cup canned chocolate frosting, 1 cup peanut butter, and 2 cups instant nonfat dry milk. Mold and eat!

## Polka Dot Pizza



**Materials:** 1 English muffin, pizza sauce or tomato sauce, sliced pepperoni, mozzarella cheese (grated)

**Directions:** Spread 2 tablespoons of sauce on half a muffin. Put 4 slices of pepperoni on top. Sprinkle with cheese. Broil in the oven until the cheese melts. Mama Mia! What a pizza!

**Hint!** Try other toppings like bacon, peppers, or mushrooms.

## Stir Fried O's

**Materials:** Cheerios, butter or margarine, cinnamon sugar

**Directions:** Put 2 tablespoons of butter in a pan. Melt the Butter. Then stir in 4 cups of Cheerios. Stir over medium heat until they are toasty and lightly browned. Sprinkle on cinnamon sugar and toss.

**Hint!** Use salt instead of cinnamon sugar, and it will taste just like popcorn!

