

# Preview of

# October



# Happies

**A<sup>+</sup> COMPLETE Month of *Super!*  
Primary Hands-On Learning Activities**



**Cheers, Handshakes, Attention Grabbers,  
Calendar Time Learning, Transitions, Prezis,  
Management Tips and Tricks, Brain Breaks,  
Finger Plays, Songs, Character Education,  
Math, Literacy, Science, and Seasonal Lessons**

*By Dr. Jean Feldman  
and  
Carolyn Kisloski*



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# OCTOBER



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What is a “happie”? Several years ago when I was doing a workshop a teacher walked in with a cup of coffee from my favorite coffee shop. I said, “Don’t you just love that coffee?” She replied, “Yes, it’s my happie.” When I asked what she meant she explained, “You know every day is not totally happy. You have to do a little something special for yourself each day - something to make you happy. That’s what a ‘happie’ is.”

We decided that we needed to put some “happies” back in the classroom day as well. Teachers are overburdened with standards, assessments, and expectations from administrators and parents. We wanted to create something to make teaching and learning more FUN! And, yes, we back up our playful and meaningful activities with research and the latest teaching trends.

Each month we have **hands-on learning activities with cheers, handshakes, attention grabbers, transitions, Prezis, management tips, brain breaks, finger plays, math, literacy, science, and seasonal lesson plans. There is a video where Dr. Jean demonstrates activities, as well as 15+ song downloads with visuals, QR codes, and books.**

It’s the *BEST OF THE BEST* from the 60+ years we have gleaned from working with children. We believe it’s a “treasure chest” of positive strategies, and we hope you will agree with us.

This preview will show a sample of the 119 pages of ideas and activities we put together for October.

Come, and get “happie”!



*Dr. Jean Feldman and Carolyn Kisloski*





Each month, we share brand new handshakes, cheers, attention grabbers, and finger plays- with a QR code of Dr. Jean demonstrating each one, followed by written directions and pictures for each.

This month includes:

**Handshakes: Squirrel, Spiderman**

**Cheers: Lookin' Good, Harry Potter, Sparkles & Rainbows**

**Attention Grabber: Hocus Pocus**

**Finger Plays: Five Little Pumpkins, Jack O' Happy**

You can cut this paper in half, laminate it, and save it with the other Demonstration QR Codes available in each month's packet, so they are easy to access. Punch a hole in the corner and clip together with a book ring so they are always at your fingertips.

## October Happies Handshakes, Cheers, Attention Grabbers, Finger Plays



# CHEERS

## Lookin' Good!

Pretend to make an invisible mirror in the air with your two index fingers as you make a clicking noise with your tongue.

Fluff your hair as if primping as you say, "Lookin' good!"

Use children's individual names in this cheer. For example, "Lookin' good, Jana!" "Lookin' good, John!"



## Harry Potter

Pretend to hold a wand in your right hand.

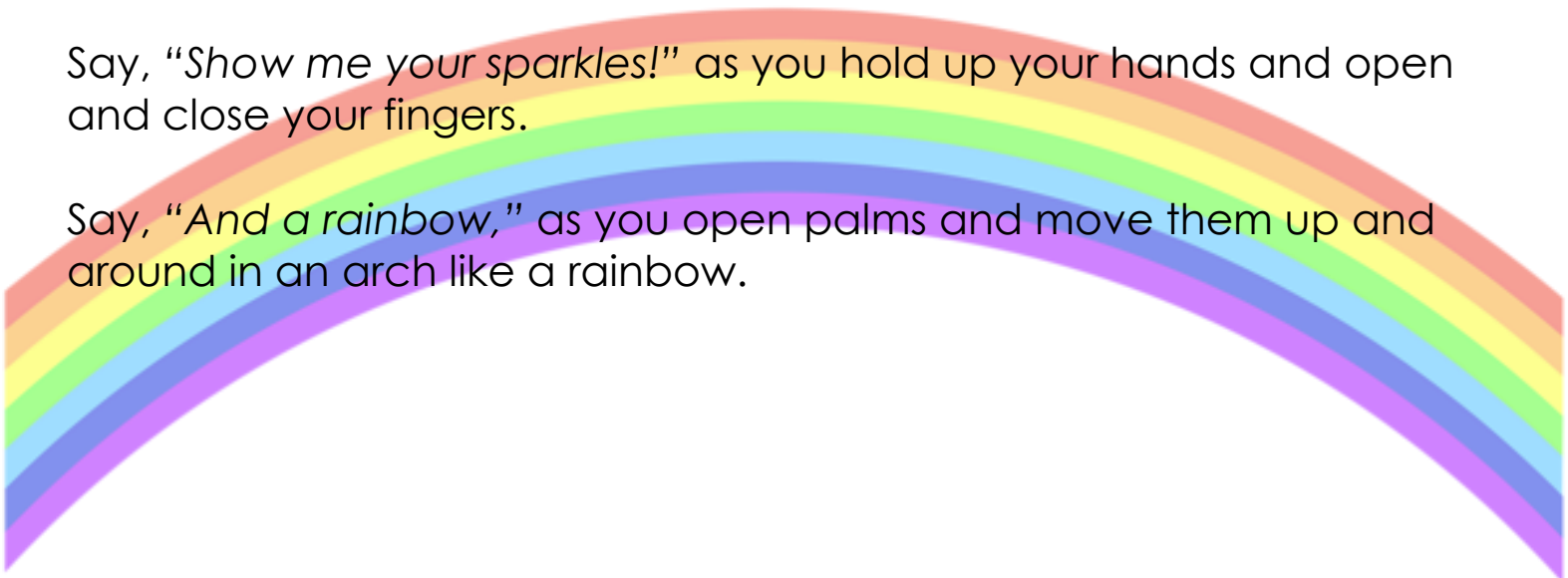
Tap the wand three times in front of you as you say, "Pssh! Pssh! Pssh!"

Pretend to twirl your wand in the air as you shout, "You're terrific!"

## Sparkles and Rainbow

Say, "Show me your sparkles!" as you hold up your hands and open and close your fingers.

Say, "And a rainbow," as you open palms and move them up and around in an arch like a rainbow.





A Prezi is an online zooming poster that you can use on your Smartboard or Smart TV screen. Prezis are a way to organize favorite videos, games, activities, songs, and anchor charts so they are all together for you to use when you need them!

Each month we share two different educational Prezis filled with learning! This month features **Learning is Fun** and **I am a Scientist**.





# JACK O' HAPPY

## Jack O' Happy

*This is Jack O' Happy.*

(Make a happy face.)

*This is Jack O' Sad.*

(Make a sad face.)

*This is Jack O' Sleepy*

(Make a sleepy face.)

*And this is Jack O' Mad!*

(Make an angry face.)

*But Jack all broken in pieces small,* (Pretend to cut pumpkin pieces in hand.)

*And baked in a pie is best of all.* (Circle arms like a pie.)

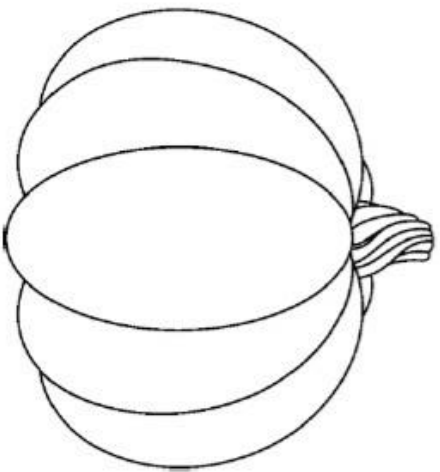
*Yum! Yum!*

(Rub your tummy.)

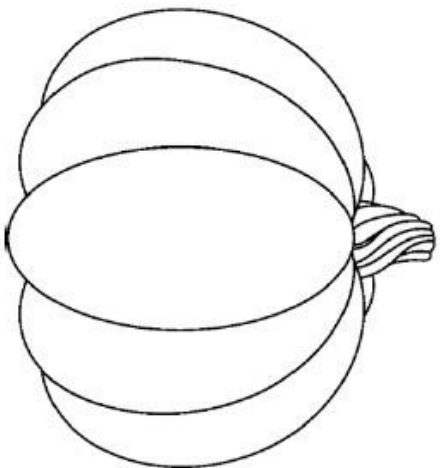


On the following page, have students draw faces on the pumpkins to match each description.

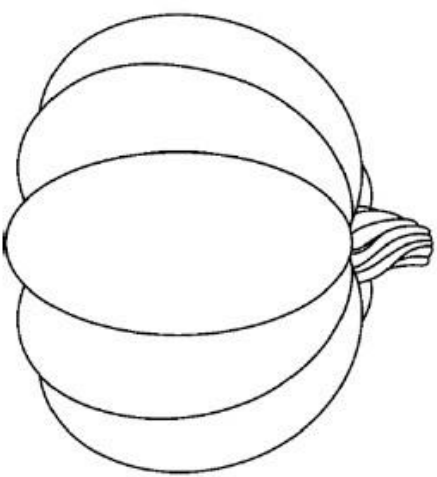
The next four pages can be copied as 2 sided copies, then folded together to make a book for students to illustrate and color.



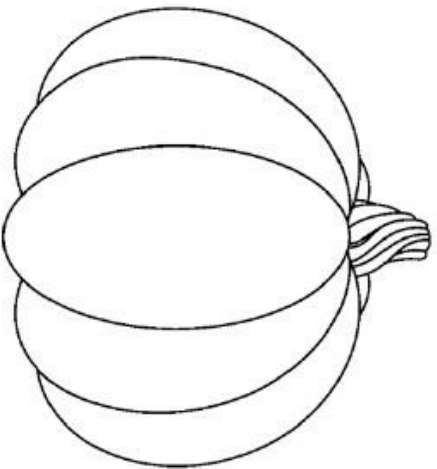
This is Jack-O-Happy.



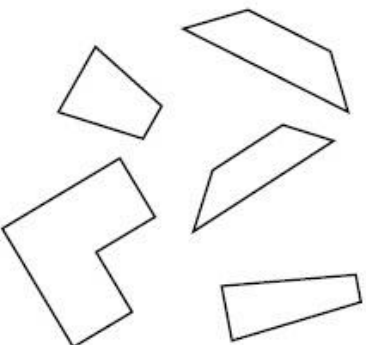
This is Jack-O-Sad.



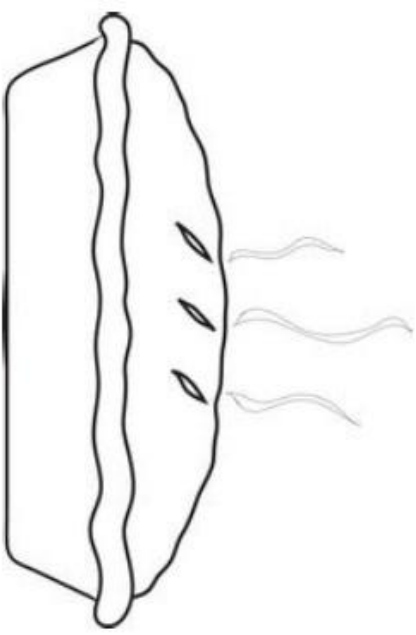
This is Jack-O-Sleepy.



AND THIS IS JACK-O-MAD!



But Jack all broken  
in pieces small,



And baked in a pie is  
best of all! Yum! Yum!



# SHAPE TOWN



**Why?** Students will recognize and name both two and three dimensional shapes, as they take part in creating a classroom focal point.

**When?** Large group

**What?** Different shaped items from home

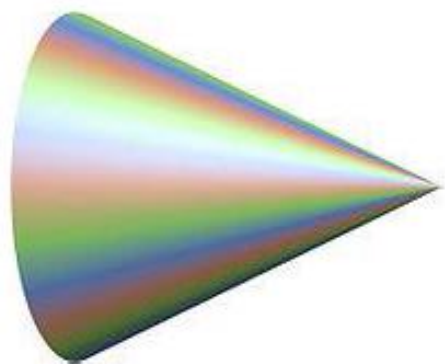
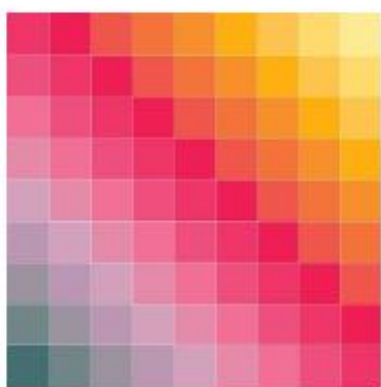
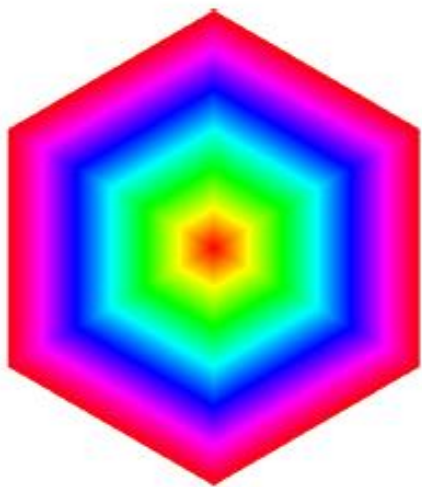
**How?** Send home a letter explaining that your class will be building a Shape Town to help recognize and name the different two and three dimensional shapes. List the shapes you are learning in your classroom, and have students bring in any items from home that match those shapes. Designate and label an area in the classroom (a table, desktop, or even a large shallow storage container) as Shape Town for students to add their shapes from home. You can keep Shape Town up in the classroom as long as you want to revisit and review shapes, use for sorting activities, or to use for a quick assessment tool as you name and recognize shapes.

**More?** As students bring items from home, have a special time to share and discuss the items and reinforce shape names and attributes.

If students are unable to bring items from home, let them look around the classroom or find shapes in a magazine. They could also invite another student to go on a shape hunt to find something to share.

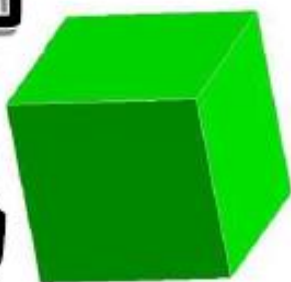


Print the following page on cardstock to use for your Shape Town.



TOWN

Shopper







## LETTER MAN



**Why?** Make "Letter Man" and you'll discover a new super hero to help children develop alphabet knowledge. Children need to "play" with letters before they learn them, so this is the perfect introduction to their 26 alphabet friends. "Letter Man" can grow with them as they make sound connections and learn sight words.

**When?** Small group or literacy center

**What?** Small swinging trashcan, felt scraps, googly eyes, pompoms, craft glue (E6000 works well), magnetic letters

**How?** Decorate the trashcan to look like a man. Place magnetic letters out on the table. If children can identify a letter and make its sound then they can "feed" it (put it inside) Letter Man.

**More?** Ask children to feed Letter Man all the vowels...all the letters that are blue...the letters in alphabetical order...and so forth.

Have children spell sight words and then feed them to Letter Man.

Sing this song to the tune of, "I Know an Old Lady Who Swallowed a Fly," as you put letters in the trashcan.

*I know an old man who swallowed a (name letter).  
What would he say if he swallowed a (name letter).  
(sound), (sound), (sound) – (name letter).*

Change Letter Man to Word Man. Write sight words on index cards and let the children feed him the ones they can read. Sing this song:

*I know an old man who swallowed a word.  
What would he say if he swallowed this word?  
(Read the word.)  
That's absurd!"*



# SHOE CLASSIFICATION

**WHY?** Real scientists observe, classify, hypothesize, test, and conclude. Students will be real scientists as they work to sort and classify shoes.

**WHAT?** One shoe from each student

**HOW?** Explain that one important job of a scientist is to be able to sort and classify objects by a trait. Today, the students will be working together to sort and classify their shoes by different traits.

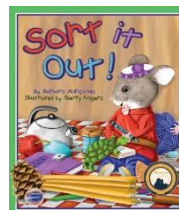
Have each student remove one shoe. Make a pile of shoes in the middle of the rug and have students sit in a circle around the shoe pile. You decide on a trait to use to sort the shoes (but don't tell the students), and sort the shoes as the students watch. Remind your students to stay quiet as you sort. If they think they know the trait you are using to sort the shoes, they can put a finger on their nose to let you know, but they must stay quiet. When you are done, call on a student to explain how she thinks the shoes are sorted. Begin with an easy trait (by color, sneakers/non-sneakers) and then work up to more difficult traits (tied/untied, high-top sneakers/low sneakers, sole color, left shoes/right shoes).

After you have demonstrated the activity, choose a student to sort the sneakers by a trait. You could write names on Popsicle sticks, and draw one student to be the sorter and one to be the guesser. If the guesser needs help, draw another stick.

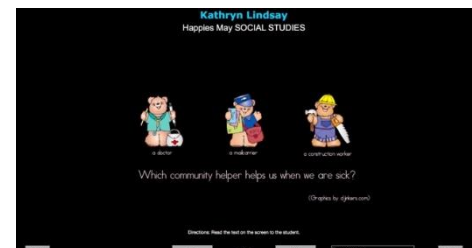
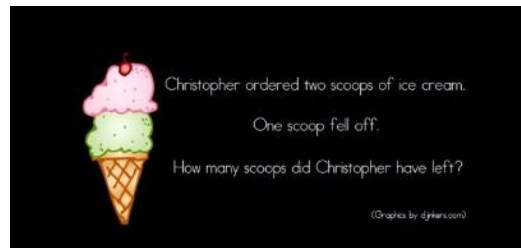
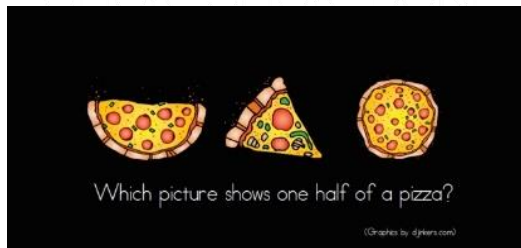


**MORE?** Tie this activity into a Shoe Tying Contest in your classroom. This activity works well with sorting and classifying activities in math with other objects like buttons or coins.

**CONNECTIONS:** *Sort it Out*, by Barbara Mariconda



# ESGI Assessments



ESGI online assessments for ELA, Math, Science, and Social Studies that accompany the lessons in this month's unit are available at [www.esgisoftware.com](http://www.esgisoftware.com).

Try it FREE for 60 days with the promo code, "**HAPPIES!**" You also receive \$40 off your first year's purchase price when you use the promo code, "**HAPPIES.**"

School districts can purchase ESGI for grade levels, and receive the discount for each purchase using the code as well!



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**Thank you for previewing our packet.  
We hope you find many activities to enjoy with your  
students and to keep your classroom full of **HAPPYIES!****

**We have packets for each month of the school year,  
as well as one complete packet for the whole school  
year, available at Carolyn Kisloski's TpT store.**

<https://www.teacherspayteachers.com/Store/Carolyn-Kisloski>

*Dr. Jean Feldman and Carolyn Kisloski*