

## KEEP ON SINGING AND DANCING WITH DR. JEAN!

### **Hello, Neighbor!**

(Tune: "Good Night, Ladies")

Hello, neighbor.	(Wave to partner.)
What do you say?	(Give high five.)
It's going to be a Happy day.	(Slap thighs, clap hands, slap hands in the air with partner's hands.)
Greet your neighbor.	(Shake hands.)
Boogie on down.	(Wiggle hips.)
Give a bump,	(Bump hips.)
And turn around.	(Wave hands in the air and turn around.)

*Activities: Have children do this as a line dance facing each other.*

*If you are at a church school, you can change the second and third lines to say, "God made us a beautiful day."*

### **The Opposite Song**

(Tune: "Shortnin' Bread")

We can do opposites, opposites, opposites.  
We can do opposites follow me.

Top and bottom...	(Point to top of head, then bottom of foot.)
Front and back...	(Touch front, then back.)
Happy and sad...	(Make a happy face, then look sad.)
Left and right...	(Extend left arm, then right.)
Up and down...	(Point up and then down.)
Loud and soft...	(Shout and whisper.)
Open and shut...	(Open and close fists.)
Stand and sit...	(Stand up and sit down.)
and put them in your lap!	(Put your hands in your lap.)

*Activities: Let children make up additional verses to this song, such as "hot and cold," "tall and short," etc.*

*Have children illustrate opposites and put them together to make a book.*

*Call out a word, and children make the opposite movement.*

### **I Know an Old Lady**

(Sing in sign language.)

I know an old lady who swallowed a fly.	(Flap hands by shoulders.)
I don't know why she swallowed a fly, Perhaps she'll cry.	(Index fingers on cheeks.)
I know an old lady who swallowed a spider That wiggled and jiggled and tickled inside her...	(Cross palms and wiggle fingers.)
Bird - How absurd to swallow a bird...	(Make beak - index finger & thumb.)
Cat - Imagine that she swallowed a cat...	(Stroke whiskers from face.)
Dog - What a hog to swallow a dog...	(Pat leg.)
Goat - Just opened her throat and swallowed a goat..	(Fingers for beard, then horns.)
Cow - I don't know how she swallowed a cow...	(Make horns by side of head.)
Horse - This is a silly song, of course!	(Two fingers above head.)

### **Let Me See You Boogaloo**

Let me see you boogaloo. What's that you say?	(Dance back and forth to the beat.)
I said, let me see you boogaloo. What's that you say?	
Ooh-ah-ah, ooh-ah-ah, ooh-ah-ah, One more time. (Repeat)	(Hands in air and shake them as you turn around.)
Let me see you Frankenstein...	(Extend arms and move stiffly.)
Let me see you hairy gorilla...	(Hands under arms and "monkey" around.)
Let me see you funky chicken...	(Cluck like a chicken and flap arms like wings.)

*Activities: Have children make up their own silly versions. For example, "Let me see you dinosaur," or "let me see you butterfly."*

### **The Music Cantor**

(Pretend to play different instruments as they are introduced in the song.)

I am the music cantor,  
I come from Slavic Lander.  
Econ speelah.

Econ speelah.

I'm the viola.

(Pretend to play a violin.)

I'm the viola.

Vio, vio, viola, vio, viola.

Vio, vio, viola, vio, viola.

Piano...play, play, play, play, play, play.

(Wiggle fingers as if playing a piano.)

Tuba...oom pah, oom pah, oom pah pah.

(Hands under arm pits and move up and down.)

Bagpipe...na, na, na, na, na, naaa.

(Hold nose and tap windpipe.)

Radio...Click!

(Turn off radio.)

### **Wally Acha**

Wally acha, wally wacha,

(Slap, then cross hands.)

Doodley do, doodley do.

(Touch nose and ear with opposite hands.)

Wally acha, wally acha,

(Slap, then cross hands.)

Doodley do, doodley do.

(Touch nose and ear.)

It's a simple little song there's not much to it,

(Slap, then cross hands.)

All you've got to do is doodley do it.

(Touch nose and ear.)

Wally acha, wally acha,

(Slap, then cross hands.)

Doodley do, doodley do. Poo poo!

(Pull ears.)

*Activities: Choose different children to be the leader and make up motions for the rest of the class to follow.*

## **Chicka Boom**

(Echo chant)

I said a boom chicka boom.  
I said a boom chicka boom.  
I said a boom chicka rocka  
Chicka rocka chicka boom  
Uh huh! Oh yeah!  
One more time...

(Slap thighs and snap fingers to the beat.)

Monster style...

(Bend over and say in a gruff voice.)

Opera style...

(Extend arms as if singing.)

Rock and roll...

(Pretend to play a guitar.)

Hold your nose...

(Hold your nose.)

Underwater...

(Put index finger between lips and vibrate.)

Leprechaun...

(Whisper voice.)

*Activities: Let children make up their own versions, such as baby style, prissy, etc.*

*End by doing the "silent version" where you just mouth the words.*

## **I'm a Nut**

I'm a little acorn brown  
Lying on the cold, cold ground.  
Everybody steps on me.  
That is why I'm cracked you see.  
I'm a nut. Click! Click!  
I'm a nut. Click! Click!  
I'm a nut, I'm a nut,  
I'm a nut. Click! Click!

(Move head from side to side.)

Called myself up on the phone  
Just to see if I was home.  
Asked myself out on a date.  
Said to be ready about half past eight.  
I'm a nut...

(Pretend to hold a phone.)

*Activities: Ask children what will happen to a little acorn that gets buried under the ground. It just might grow into a big oak tree!*

## **Peanut Butter**

(Tune: "Allouette")

Peanut butter, we like peanut butter.	(Clap hands and march to the beat.)
Peanut butter, that's what we like best.	
Do you like it on your head?	(Point to head.)
Yes, we like it on our head.	
On your head?	
On our head.	
Ohhhhhh.	(Hands on cheeks and shake head.)
Do you like it on your shirt...	(Point to shirt.)
Do you like it on your pants...	(Point to legs.)
Do you like it on your socks...	(Point to socks.)
Do you like it on your shoes...	(Point to shoes.)
On your underwear?	(Hide eyes.)

*Activities: Insert other foods in this song, such as "macaroni," or "chocolate pudding."*

## **Alphabet Forwards and Backwards**

(Traditional tune)

A B C D E F G  
H I J K L M N O P  
Q R S T U V  
W X Y and Z  
Now, I've said my ABC's.  
Next time sing them backwards with me.  
Z Y X W V U T  
S R Q P O N M  
L K J I H G  
F E D C B A.  
Now, I've said my ZYX's,  
Bet that's not what you expected!

*Activities: Use sign language to sing this song.  
Point to the letters on your classroom alphabet as you sing*

### **Have You Ever Been Fishing?**

(Tune: "Turkey in the Straw")

Have you ever been fishing  
On a bright and sunny day,  
When you see those little fishies  
Swimming up and down the bay?  
With their hands in their pockets  
And their pockets in their pants.  
All the little fishies do the  
Hoochie coochie dance!  
Faster! Super fast!

(Pretend to fish.)  
(Circle arms like the sun.)  
(Fold hands and  
wiggle.)  
(Put hands in front.)  
(Put hands in back.)  
(Hands on hips and  
wiggle.)

*Activities: Tie an 18" piece of string to the end of a small stick. Let children cut fish out of construction paper and tie to the other end of the fish.*

### **The First Twelve Days of School**

(Tune: "Twelve Days of Christmas")

On the first day of school  
My teacher gave to me  
A book of the ABC's.

2<sup>nd</sup> – two new pencils  
3<sup>rd</sup> – three color crayons  
4<sup>th</sup> – four glue sticks  
5<sup>th</sup> – five gold stars  
6<sup>th</sup> – six pairs of scissors  
7<sup>th</sup> – seven school boxes  
8<sup>th</sup> – eight spiral notebooks  
9<sup>th</sup> – nine wooden rulers  
10<sup>th</sup> – ten magic markers  
11<sup>th</sup> – eleven pink erasers  
12<sup>th</sup> – twelve library books

*Activities: Use the patterns on the following pages to make a visual for the song. You can enlarge these and glue to construction paper to make song cards or a book. Make other versions of this song for different months or seasons. For example, "On the first day of October, my monster gave to me..."*

## **May There Always Be Sunshine**

(Tune: "Stuball Was a Racehorse")

*Sing in sign language.*

May there always be sunshine.	(Hold up index finger and circle around.)
May there always be blue skies.	(Hands over head.)
May there always be children.	(Palms going down like stair steps.)
May there always be you.	(Circle index finger then point to children.)

May there always be stories.	(Index fingers and thumbs make circles.)
May there always be music.	(Pretend to strum arm.)
May there always be teachers	(Pull knowledge from head.)
To care for you.	(Make letter "k" with fingers.)

May there always be sunshine.	(Make sunshine circle in the air, the wiggle fingers.)
May there always be blue skies.	(Hands over head.)
May you always feel special,	(Stick up index finger like a candle.)
Because you are you!	(Point to children.)

Activities: Make up additional versions and sing in sign language.