

# Hello and Good Bye Lyrics

## Hello Songs

### **I Like You** (Silly Songs)

(Tune: "Skip to My Lou")

I like you, there's no doubt about it. (Point to self and then to a friend.)

I like you, there's no doubt about it.

I like you, there's no doubt about it.

You are my good friend.

You like me, there's no doubt about it. (Point to a friend and then to self.)

You like me, there's no doubt about it.

You like me, there's no doubt about it.

You are my good friend.

**Activities:** Ask the children to draw pictures of all the people who like them or love them.

Label their pictures.

Make a language experience story by having each child complete this sentence:  
"A friend is..."

### **Hello Song** (Silly Songs)

(Tune: "Skip to My Lou")

Hello, how are you? (Wave hand.)

Hello, how are you?

Hello, how are you?

How are you this morning?

I am fine, and I hope you are, too. (Point to self, then a friend.)

Turn to your neighbor, and shake their hand. (Shake hands.)

**Activities:** Make up new verses, such as "turn to your neighbor and give 'high five,'" or "turn to your neighbor and give them a hug."

Sing children's names in the song. For example, "Hello Pepo, how are you?  
Hello Jan, how are you? Hello Marcus, how are you? How are you this morning?"

### **Hello, Neighbor!** (Keep on Singing)

(Tune: "Good Night, Ladies")

Hello, neighbor. (Wave to partner.)

What do you say? (Give high five.)

It's going to be a (Slap thighs, clap hands,

Happy day. slap hands in the air with partner's hands.)

Greet your neighbor. (Shake hands.)

Boogie on down. (Wiggle hips.)

Give a bump, (Bump hips.)

And turn around. (Wave hands in the air and turn around.)

**Activities:** Have children do this as a line dance facing each other.

**Twinkle Friends** (Kiss Your Brain)

Twinkle, twinkle, little star. (Children face partner and gently touch and wiggle fingertips.)

What a special friend you are.

From your head to your toes, (Touch each other's head, then toes.)

We are special friends you know. (Hold hands and circle around.)

Twinkle, twinkle, little star. (Children touch fingertips.)

What a special friend you are. (Children hug.)

Now, go find another friend,

And we'll twinkle once again...

Now, take a little hike.

Find another friend you like...

Now we'll sing one more time.

Won't you be a friend of mine?

**Activities:** Have children complete this sentence: "A friend is..." Write their answers on a language experience chart.

**Shake a Hand** (Keep on Singing)

Everybody shake a hand, (Walk around the room and shake hands.)

shake a hand, shake a hand.

Everybody shake a hand

and walk around the room.

Everybody give high five, (Walk around the room giving high fives.)

give high five, give high five.

Everybody give high five

and walk around the room.

Everybody smile and wink, (Smile and wink at friends as you walk around.)

smile and wink, smile and wink.

Everybody smile and wink

and walk around the room.

Everybody give a hug, (Hug friends.)

give a hug, give a hug.

Everybody give a hug

then sit down in your seat.

**Activities:** Let children suggest other handshakes and ways to greet friends.

### **Rise and Shine** (All Day Long)

*Use this song to start your day in a positive way.*

Rise and shine, (Bend down, then rise and put arms in air.)

And welcome to school today. (Clap to the beat.)

Rise and shine, (Bend down, then rise and put arms in air.)

And welcome to school today. (Clap.)

Rise and shine, (Bend down, then rise and put arms in air.)

And welcome to school today. (Clap.)

We're so glad you're here! (Shake hands.)

A little louder... (Sing loud.)

A little softer... (Sing soft.)

Whisper version...(Whisper words.)

### **Feeling Fine** (Going Green with Dr. Jean)

(Tune: "I'm In Right, Out Right, Happy All the Time")

I'm in right, (Hold up both index fingers and point to chest.)

Out right, (Point out with index fingers.)

Up right, (Reach up high.)

Down right, (Stoop down low.)

And I'm feeling fine. (Turn around in a circle.)

I'm in right, out right, up right, down right, and I'm feeling fine.

I eat the food that's good. (Pretend to feed self with a spoon.)

And exercise like I should. (Run in place.)

That's why I'm in right, out right, up right, down right,  
and I'm feeling fine.

Faster

Super Fast!

### **Activities:**

*\*Make a T-chart of junk foods and foods that are good for you. Younger children could cut pictures out of grocery store advertisements and older students could draw pictures or write words.*

*\*Talk about what all of us can do to be healthy and feel good. Let each child draw a picture of what she does to take care of her body. Put all of the pictures together to make a class book called "Feeling Fine!"*

*\*Start each day with active movement to oxygenate the brain! (Children will love to learn what "oxygenate" means.) Sing a movement song, do exercises, or run around on the playground for 5 minutes. You'll be amazed at what exercise can do to reduce wiggles and help children focus.*

*\*Visit [ncpe4me.com/energizers](http://ncpe4me.com/energizers) for some great tips for integrating movement and learning throughout the school day.*

*\*Invite a parent who is a health care professional to come discuss her career and give the children advice on healthy living.*

## Good Bye Songs

### **It Is Time to Say Good-Bye** (Silly Songs)

(Tune: "She'll Be Coming Round the Mountain")

Clap your hands. (Clap hands.)

Stomp your feet. (Stomp foot.)

It is time to say good-bye to all my friends.

It is time to say good-bye to all my friends.

It is time to say good-bye,

Give a smile and wink your eye. (Smile and wink.)

It is time to say good-bye to all my friends. (Clap.)

Good bye, friends. (Wave.)

Yee haw! (Fist in the air.)

### **May There Always Be Sunshine** (Keep on Singing)

See the album cover for a link to a powerpoint for this song.

(Tune: "Stuball Was a Racehorse")

*Sing in sign language.*

May there always be sunshine. (Hold up index finger and circle around.)

May there always be blue skies. (Hands over head.)

May there always be children. (Palms going down like stair steps.)

May there always be you. (Circle index finger then point to children.)

May there always be stories. (Index fingers and thumbs make circles.)

May there always be music. (Pretend to strum arm.)

May there always be teachers (Pull knowledge from head.)

To care for you. (Make letter "k" with fingers.)

May there always be sunshine. (Make sunshine circle in the air, the wiggle fingers.)

May there always be blue skies. (Hands over head.)

May you always feel special, (Stick up index finger like a candle.)

Because you are you! (Point to children.)

**Activities:** *Make up additional versions and sing in sign language.*

### **Good-Bye Song** ( Sing to Learn)

Good-bye, now, good-bye, now, (Wave good-bye as you sing.)

The clock says we're done.

We had fun singing,

Now good-bye everyone.

I love you a little.

I love you a lot.

My love for you could fill...

Fourteen pots,

Twelve tin cans,

Five tea cups,

And two dish pans!

Keep on singing! (Make sign for "I love you.")

### **The More We Get Together** (Is Everybody Happy?)

(Sing in sign language.)

The more we get together, together, together. (Hands in fists. Touch thumbs and circle around in front of you.)

The more we get together, the happier we'll be. (Hands on chest and make circles up and out.)

For your friends are my friends, (Point to a friend and clasp index fingers.)

Are my friends are your friends. (Point to self and clasp index fingers.)

The more we get together, the happier we'll be. (Hands in fists. Touch thumbs and circle in front of you. Make circles up and out from chest.)

The more we play together... (For "play" extend pinky and thumb and wiggle.)

The more we learn together... (For "learn" extend one palm like a book and then pretend to pull information from it and put it in your head.)

The more we sing together... (Bend one arm and "strum" with other hand like an instrument.)

**Activities:** *Let children suggest other verses and motions, such as "The more we read together," or "The more we help each other."*

### **WE HAD A GOOD DAY** (Kiss Your Brain)

(Tune: La Cuckla Racha)

We had a good day, we had a great day. (Wiggle back and forth on feet to the beat.)

So pat yourself on the back. (Pat yourself on the back.)

We had a good day, we had a great day.

So pat yourself on the back.

We thought a lot today (One finger in the air and turn in a circle.)

We learned in many ways,

So kiss your brain. (Kiss fingertips and then kiss brain.)

We thought a lot today, we learned in many ways,

So kiss your brain.

It's time to say so long and end with a song. (Palms up and wiggle wrists to the beat.)

Wave good-bye to your friends. (Wave hands.)

It's time to say so long and end with a song.

Wave good-bye to your friends.

**Activities:** *Have children turn to a friend and discuss something new they learned at school.*

*Tell children something that they can look forward to doing at school the next day.*

## **Back Pack Boogie (All Day Long)**

Check September 2009 Activities for a downloadable book.

*Children have more fun when they do the “Back Pack Boogie” to get ready to go home.*

Get your back pack and clean out your desk  
Throw all the trash away and take home your best.  
Put your books and pencils away.  
We’re finished with school for today.  
Look on the floor, and what do you see?  
Put all the scraps in the trash can, please.  
Push in your chair and take a second or two  
To see what else you should do.

Chorus:

Do the back pack boogie, it’s the dance that’s cool.  
The back pack boogie when it’s time to leave school.  
The back pack boogie, you know what to do.  
The back pack boogie!  
Get your back packs and lunchboxes, too.  
Don’t forget if you have homework to do.  
Clean up the room, make it tidy and bright.  
I’ll see you tomorrow, alright?  
Did you wear a coat or sweater today?  
Get everything you brought together, O.K.?  
It’s time to go, say good-bye to your friends.  
The school day has come to an end.

Chorus

## **Skin a Ma Rink (All Day)**

Skinnamarinkydinkydink

*Use this ritual to end your day on a positive note!*

Skinnamarinkydinkydink, (Right hand on left elbow, and then

Skinnamarinkydo. left hand on right elbow.)

I love you . (Point to self, cross arms on chest, and point to children)

Skinnamarinkydinkydink,

Skinnamarinky do. I love you.

I love you in the morning, (Circle arms down low as if sun is rising.)

And in the afternoon. (Circle arms in front of you.)

Now, it’s time to go home, (Wave good-bye.)

But I’ll see you soon.

Oh, skinnamarinkydinkydink,

Skinnamarinky do. I love you.

I love you, too, boop op e do! (Hands on hips as you wiggle to the beat.)

**Good-bye Friends!** (Totally Reading)

See you later, alligator!  
After while, crocodile!  
In an hour, sunflower!  
Maybe two, kangaroo!  
Gotta go, buffalo!  
Adios, hippos!  
Chow, chow, brown cow!  
See you soon, baboon!  
Adieu, cockatoo!  
Better swish, jellyfish.  
Chop chop, lollipop.  
Gotta run, skeleton!  
Bye-bye, butterfly!  
Better shake, rattlesnake.  
Good-bye, my good friends!

*\*Let children illustrate these rhymes to make a class book.*

*\*Have children make up original verses using other animals.*